

CALENDAR

Saturday, Nov. 26
Lights at Lafarge Kick-off Event
5 – 8 p.m.
Town Centre Park
coquitlam.ca/lights

Monday, Nov. 28
Council-in-Committee
2 p.m.
Regular Council
7 p.m.
coquitlam.ca/council
coquitlam.ca/agendas

Council Meeting Details
See page 28

coquitlam.ca/calendar

Looking for more info on events and activities in Coquitlam?

Check out visitcoquitlam.ca

What's New

Check Out the Digital Winter Program Guide

The easy-to-read digital version of the January to March Program Guide is now available. From spring break camps and special events to general recreation and fitness programs, classes and drop-in sessions, there's something for everyone.

Programs can fill up quickly so visit coquitlam.ca/programguide, then head to the online registration system or call **604-927-4386** to register.

If you want to get notification about the next registration dates directly to your inbox, sign up for our PRC eNews at coquitlam.ca/enews.

Fitness and Fun

Have Fun While Getting Fit with Zumba® at MCC

Enjoy Latin-inspired cardio and a total body workout at the new Maillardville Community Centre (MCC), located at 1200 Cartier Ave. No registration required. Parking is available at the back of the building off of Proulx Lane.

- Sundays: 1:30 – 2:30 p.m.
- Mondays: 6:15 – 7:15 p.m.
- Wednesdays: 9:15 – 10:15 a.m.
- Fridays: 9:30 – 10:30 a.m.

For drop-in rates visit coquitlam.ca/onepass.

Neighbourhood News

Become a Snow Angel this Winter

We're looking for volunteer Snow Angels — neighbours who can lend a helping hand this winter by helping those who are unable to clear their City sidewalks. Learn more about the program or sign up to volunteer at coquitlam.ca/snowangels.

Don't just take our word for it, volunteer Raquel says, "I like to give back to our wonderful community and be a good role model for my kids to encourage them to volunteer and take pride in this community."

Want to share your Snow Angel volunteer story? Snap a photo, write a short testimonial and send it to communityservices@coquitlam.ca.

Keeping Our Community Safe

Be Fire Safe

Fire prevention and safety is important and even more so at this time of year. Protect your family and home with these safety tips:

- Only use approved light sets and do not overload circuits. Check all light sets before use and discard any that are frayed or damaged, using proper clips (not staples) to install outdoors. Always turn off lights before leaving home or going to bed.
- Candles may be pretty to look at but an open flame can easily ignite other materials — please choose battery-operated candles as an alternative.
- Be sure there is a working smoke alarm on every level of your home and that every member of your household knows what the alarm sounds like and what actions to take in an emergency.
- Install a carbon monoxide alarm in a central location of your home.
- Both smoke alarms and carbon monoxide monitors make great inexpensive gifts! coquitlam.ca/seasonalsafety

Winter Wise: Tips to Prevent Flooding

Flooding can happen when runoff from heavy rain exceeds the capacity of the drainage system. You can help prevent flooding by:

- Keeping the catch basins near your property clear of debris — rake up leaves to prevent them from plugging drains. coquitlam.ca/adoptacatchbasin
- Clearing ditches and culverts near your property of debris that can cause water to back up.
- Not blowing leaves from your property onto City streets, which increases flooding risks.
- Cleaning foundation drains and sumps that collect water from your house and property and directing it to a City storm sewer.
- Repairing broken or damaged pipes that can cause blockages and flooding of your home.

Check out more information to help keep your home and family safe this winter at coquitlam.ca/winterwise. Be aware, get prepared.

Festive Family Fun for All Ages at Maillardville Community Centre

Sign Me Up
Coquitlam Recreation

Join us for a fun-filled night with lots of holiday spirit! Join staff for festive activities, including face painting, holiday crafts, cookie decorating, active play in the gymnasium and caroling!

To finish the night, cozy up in front of the projector screen with a cup of hot chocolate and light refreshments to watch "How the Grinch Stole Christmas!" (1966). Bring your own pajamas, blankets and pillows for ultimate coziness.

- Date: Thursday, Dec. 22
- Time: 4 – 7 p.m.
- Location: Maillardville Community Centre, 1200 Cartier Ave.
- Cost: \$4 per person
- Course ID#: 108323

To register, go to coquitlam.ca/registration and click Register for Programs. From there, search the course ID#, or call **604-927-4386**.

Underground parking is available at the back of the building, off Proulx Lane. Visit coquitlam.ca/mcc for image directions.