




# Drop-In Schedule

In Effect Jul. 2 - Sep. 2

## Group Fitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Family Yoga</b> 2:45 - 3:45 p.m.</p>	<p><b>Zumba®*</b> 7:15 - 8:15 p.m.</p>	<p><b>Zumba Toning*</b> 9:30 - 10:30 a.m.</p> <p><b>Zumba®*</b> 5:30 - 6:30 p.m.</p>	<p><b>Hatha Yoga</b> 9:30 - 10:30 a.m.</p>	<p><b>Zumba®*</b> 9:30 - 10:30 a.m.</p>		
					<p>Scan for the most up-to-date schedule </p> <p>Updated 06/24/2024</p>	

Schedule subject to change without notice. \*Pre-registration is recommended for this program.