




Drop-in Schedule

In Effect Jan. 5 to Mar. 29

Group Fitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Zumba® 10:45 - 11:45 a.m.</p>	<p>*Zumba® 7:15 - 8:15 p.m.</p>	<p>*Zumba Toning® 9:30 - 10:30 a.m.</p> <p>*Zumba® 5:30 - 6:30 p.m.</p>	<p>Hatha Yoga 9:30 - 10:30 a.m.</p>	<p>*Zumba® 9:30 - 10:30 a.m.</p>		
					<p>Scan for the most up-to-date schedule </p> <p>Updated 01/07/2025</p>	

Schedule subject to change without notice. *Pre-registration is required for this program.