



Pool Schedule


In Effect Jan. 1 to Mar. 28

Main Pool - 25m

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Length Swim 6 - 6:30 a.m. (4 Lanes)	Length Swim 6 - 8 a.m. (4 Lanes)	Length Swim 6 - 8 a.m. (2 Lanes)	Length Swim 6 - 8 a.m. (4 Lanes)	Length Swim 6 - 8 a.m. (2 Lanes)	Length Swim 6 - 8 a.m. (4 Lanes)	Length Swim 6 - 6:30 a.m. (4 Lanes)
Length Swim 6:30 - 9:30 a.m. (2 Lanes)	Length Swim 8 - 9:30 a.m. (2 Lanes)	Length Swim 8 - 11 a.m. (4 Lanes)	Length Swim 8 - 9:30 a.m. (4 Lanes)	Length Swim 8 - 11 a.m. (4 Lanes)	Length Swim 8 - 9:30 a.m. (4 Lanes)	Length Swim 6:30 - 10 a.m. (2 Lanes)
Length Swim 9:30 a.m. - 1 p.m. (1 Lanes)	No Lanes 9:30 - 10:30 a.m.	No Lanes 11 a.m. - 12 p.m.	No Lanes 9:30 - 10:30 a.m.	No Lanes 11 a.m. - 12 p.m.	No Lanes 9:30 - 10:30 a.m.	Length Swim 10 a.m. - 1 p.m. (1 Lane)
Length & Leisure 1 - 4:30 p.m. (1 Lane)	Length Swim 10:30 a.m. - 5 p.m. (2 Lanes)	Length Swim 12 - 8:30 p.m. (2 Lanes)	Length Swim 10:30 a.m. - 5 p.m. (2 Lanes)	Length Swim 12 - 8 p.m. (2 Lanes)	Length Swim 10:30 a.m. - 5 p.m. (2 Lanes)	Length & Leisure 1 - 4:30 p.m. (1 Lane)
High Diving Board Open 1 - 4:30 p.m.	No Lanes 5 - 6:30 p.m.	No Lanes 8:30 - 9:30 p.m.	Length Swim 5 - 6:30 p.m. (1 Lane)	No Lanes 8 - 9 p.m.	Length Swim 5 - 6:30 p.m. (1 Lane)	High Diving Board Open 1 - 4:30 p.m.
No Lanes 4:30 - 6:30 p.m.	Lengths & Leisure 6:30 - 10 p.m. (2 Lanes)	Lengths & Leisure 9:30. - 10 p.m. (2 Lanes)	Lengths & Leisure 6:30 - 10 p.m. (2 Lanes)	Lengths & Leisure 9 - 10 p.m. (2 Lanes)	Lengths & Leisure 6:30 - 10 p.m. (2 Lanes)	No Lanes 4:30 - 6:30 p.m.
Length Swim 6:30 - 10 p.m. (2 Lanes)	High Diving Board Open 9 - 10 p.m.	High Diving Board Open 9:30 - 10 p.m.		High Diving Board Open 9 - 10 p.m.		Length Swim 6:30 - 10 p.m. (2 Lanes)

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Swims & Information

<p>Little Dippers Adult & Tot Swim 10:15 - 11:15 a.m. Tue/Thur \$1:00/person</p> <p>Family Swims Sundays 7 - 9 p.m. Family Rate \$3.29/person</p>	<p>Facility Hours: 6 a.m. - 10 p.m.</p> <p>Holiday Hours: 8 a.m. - 8 p.m.</p> <p>STAT Holidays: Wed., Jan. 1 Mon., Feb. 17</p>	<p>Before or After Swim Practice If you are currently enrolled in swim lessons, you can swim 30 minutes before or after lessons for half price and practice your skills!</p>	<p>Extra Lane Closure Swim Meet Sunday, March 16 10 a.m. - 6 p.m.</p> <p>Sensory Swim Monday, February 17 8 - 9 a.m.</p>	<p>Scan for the most up-to-date schedule</p>  <p>Updated 01/29/2025</p>
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Pool Schedule

In Effect Jan. 1 to Mar. 28

Leisure Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Length Swim 6 - 7 a.m. (1 Lanes)</p> <p>Leisure Swim & Swimming Lessons 7 a.m. - 7 p.m.</p> <p>Leisure Swim & Family Swim 7 - 9 p.m.</p> <p>Leisure Swim & Family Swim 7 - 9 p.m.</p>	<p>Leisure Swim & Lengths Swim 6 - 10:30 a.m. (1 Lane)</p> <p>Leisure Swim & Gentle Aqua Fit 10:30 - 11:30 a.m.</p> <p>Leisure Swim & Lengths Swim 11:30 a.m. - 3:30 p.m. (1 Lane)</p> <p>Leisure Swim & Swimming Lessons 3:30 - 10 p.m.</p>	<p>Leisure Swim & Lengths Swim 6 - 8:30 a.m. (1 Lane)</p> <p>Leisure Swim & Low Impact AquaFit 8:30 - 9:30 a.m.</p> <p>Leisure Swim & Lengths Swim 9:30 a.m. - 3:30 p.m. (1 Lane)</p> <p>Leisure Swim & Swimming Lessons 3:30 - 10 p.m.</p>	<p>Leisure Swim & Lengths Swim 6 - 11 a.m. (1 Lane)</p> <p>Leisure Swim & Gentle Aqua Fit 11 a.m. - 12 p.m.</p> <p>Leisure Swim & Lengths Swim 12 - 3:30 p.m. (1 Lane)</p> <p>Leisure Swim & Swimming Lessons 3:30 - 10 p.m.</p>	<p>Leisure Swim & Lengths Swim 6 - 8:30 a.m. (1 Lane)</p> <p>Leisure Swim & Low Impact & Adapted Aqua Movement* 8:30 - 10:30 a.m.</p> <p>Leisure Swim & Lengths Swim 10:30 a.m. - 3:30 p.m. (1 Lane)</p> <p>Leisure Swim & Swimming Lessons 3:30 - 10 p.m.</p>	<p>Leisure Swim & Lengths Swim 6 - 11 a.m. (1 Lane)</p> <p>Leisure Swim & Lengths Swim 11 a.m. - 12 p.m. (1 Lane)</p> <p>Leisure Swim & Lengths Swim 12 - 3:30 p.m. (1 Lane)</p> <p>Leisure Swim & Swimming Lessons 3:30 - 10 p.m.</p>	<p>Leisure Swim & Lengths Swim 6 - 7 a.m. (1 Lane)</p> <p>Leisure Swim & Swimming Lessons 7 - 8 p.m.</p> <p>Leisure Swim 8 - 10 p.m.</p>

Aqua Fitness

	<p>Shallow Aqua Fit 9:30 - 10:30 a.m. Lap Pool</p> <p>Gentle Aqua Fit 10:30 - 11:30 a.m. Leisure Pool</p>	<p>Low Impact Aqua Fit 8:30 - 9:30 a.m. Leisure Pool</p> <p>Shallow Aqua Fit 11 a.m. - 12 p.m. Lap Pool</p> <p>Deep Aqua Fit 8:30 - 9:30 p.m. Lap Pool</p>	<p>Shallow Aqua Fit & Deep Aqua Fit 9:30 - 10:30 a.m. Lap Pool</p> <p>Gentle Aqua Fit 11 a.m. - 12 p.m. Leisure Pool</p>	<p>Low Impact Aqua Fit 8:30 - 9:30 a.m. Leisure Pool</p> <p>Adapted Aqua Movement* 9:45 - 10:30 a.m. Leisure Pool</p> <p>Shallow Aqua Fit 11 a.m.- 12 p.m. Lap Pool</p> <p>Deep Aqua Fit 8 - 9 p.m. Lap Pool</p>	<p>Shallow Aqua Fit & Deep Aqua Fit 9:30 - 10:30 a.m. Lap Pool</p> <p>Gentle Aqua Fit 11 a.m. - 12 p.m. Leisure Pool</p>	
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