



Aquatics Drop-in Schedule

In Effect Apr.1 to Jun.30

Main Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aquafit Deep 9:30 - 10:30 a.m.	Aqua Zumba 9:45-10:45 a.m.	Aquafit Deep 9:45 - 10:45 a.m.	Aquafit Plus 9:45 - 10:45 a.m.	Aquafit Deep 9:45 - 10:45 a.m.	Aqua Zumba 9:45 - 10:45 a.m.	AquaMats* 10 - 10:45 a.m.
	Aquafit Deep 11:45 a.m. - 12:45 p.m.	Aquafit Shallow 11:45 a.m. - 12:45 p.m.	Aquafit Deep 11:45 a.m. - 12:45 p.m.	Aquafit Shallow 11:45 a.m. - 12:45 p.m.	Aquafit Deep 11:45 a.m. - 12:45 p.m.	
	Aquafit Shallow 1 - 2 p.m.	Water Running 1:15 - 2:15 p.m.	Aquafit Shallow 1 - 2 p.m.	Aquafit Deep 1:15 - 2:15 p.m.	Aquafit Shallow 1 - 2 p.m.	
	Aquafit Plus 7:45 - 8:45 p.m.		Aqua Boot Camp 7:45 - 8:45 p.m.		Aqua Zumba 7:45 - 8:45 p.m.	

Leisure Pool

	Aquafit Gentle 8:30 - 9:30 a.m.	Aquafit Gentle 8:30 - 9:30 a.m.	Aquafit Gentle 8:30 - 9:30 a.m.	Aquafit Gentle 8:30 - 9:30 a.m.	Aquafit Gentle 8:30 - 9:30 a.m.	
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Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Facility Hours Sunday 7 a.m. - 10:30 p.m. Monday to Saturday 5:30 a.m. - 10:30 p.m.	Waves and Slide 10:30 a.m. - 8:30 p.m. Daily Diving Boards Sat. 11 a.m. - 5:30 p.m.	Women's Only Swim 8 - 10 a.m. April 18 April 21 May 19	Tournament Dates April 25 - 27 May 17- 19 June 21 Check the website for schedule updates.	Scan for the most up-to-date schedule  Updated 03/11/2025
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