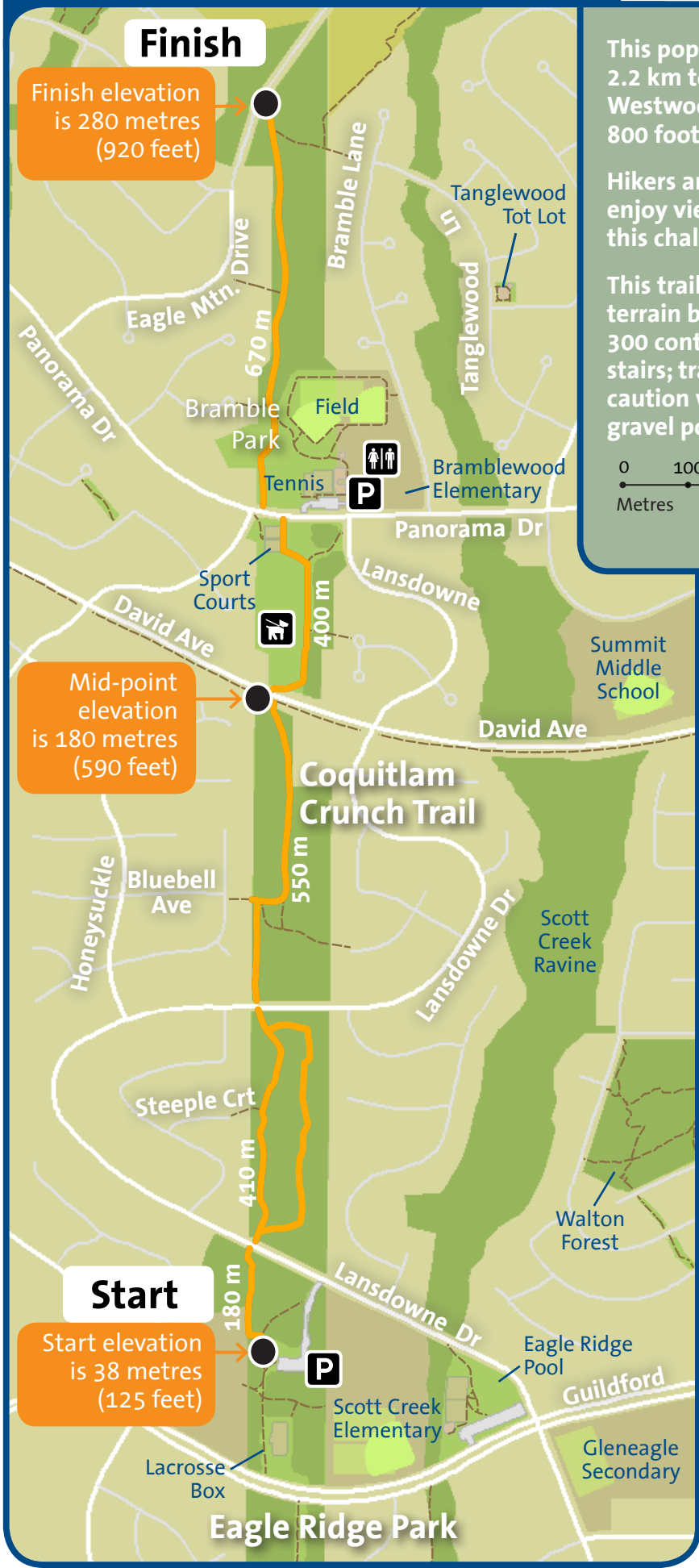


j Coquitlam Crunch Trail



This popular trail extends 2.2 km to the top of Westwood Plateau with an 800 foot elevation gain.




Hikers and fitness walkers enjoy views of the city on this challenging uphill climb.

This trail consists of steep terrain beginning with 300 continuous metres of stairs; trail users should use caution when descending on gravel portions of the trail.

0 100 200 300
Metres

North

Legend

-  Parking
-  Washrooms
-  Dog Off-Leash Area