

a Como Lake Park Trail

Como Lake is a natural setting offering a rich park experience that includes a lakeside loop trail for a quiet walk or a fitness jog. Benches, open grass areas, picnic amenities and a playground invite relaxing, socializing and casual play.

The Lakeside Loop (1 km)
The Como Lakeside Loop trail is a flat, natural surface trail that is suitable for walking and jogging.

- Fishing** - Como Lake is stocked regularly with trout in the spring and fall. Fishing is open to everyone, but you must have a valid basic license if you are 16 years or older. The daily catch limit is 2 trout.
- Boating** is allowed but is limited to non-combustible engines only.



b Mundy Park & Riverview Forest Trails

Mundy Park Community Path

The Mundy Park Community Path is a 5.5 km paved multi-use trail suitable for a variety of recreational pursuits.

Mundy Park is among the community's most treasured assets. The 178-hectare park and trail system offers visitors an exceptional recreation experience in a rare urban forest.

The park's 5.5 km multi-use community pathway encircles the park and can be completed on foot within an hour. Shorter walks on the interior trails will guide visitors on a scenic loop around Mundy Lake or to the viewing benches at Lost Lake.

Riverview Forest is a dedicated urban forest, with many trails for walking and jogging within a forested natural setting.

In addition to the dog park off Mariner Way, all trails within Mundy Park are off-leash from dawn to 10:00 a.m. with the exception of the trails leading to Mundy Lake (dogs are prohibited from this area at all times) and the Mundy Park Community Path (i.e. dogs must be on-leash on this trail at all times).

The Mundy Park Community Path includes a portion of the route on neighbourhood streets as shown on the map.



Legend

- Bike Park
- Off-Leash
- Fishing
- Boating
- Parking
- Washrooms

0 25 50 100 Metres North

Explore the great outdoors

Trail Maps and Guide

explore | play | discover

Central and South Coquitlam Trails



- a Como Lake Park**
See inset
- b Mundy Park & Riverview Forest**
See inset
- c Miller Park (588m)**
900 Oakview Street
A pleasant green space with a ball diamond, open grass areas and creekside nature trails. Some trails have stairs.
- d Mackin Park (1.6km)**
1046 Brunette Avenue
A park with ball diamonds, grass fields, walking path, skate park and spray park.
- e Dawes Hill Park (557m)**
2215 Dawes Hill Road
A peaceful neighbourhood park with forest trails and a playground.
- f Pacific Reach Linear Park (Don Roberts Park) (582m)**
1780 United Boulevard
A nature trail along Como Creek, connecting United Boulevard to Don Roberts Park, where views of the Fraser River can be enjoyed.
- g Mariner Park (826m)**
2985 Mariner Way
A forested park with trails, tennis courts and a playground.
- h Riverview Park (564m)**
728 Clearwater Way
A sports park and playground with a walking trail that circles the park.
- i Colony Farm Regional Park (6.5 km)**
Colony Farm Road, off Lougheed Highway
With large, open areas of natural grasses and fields, the park is an excellent location to spot birds such as hawks and herons. There is also picnicking, wildlife viewing and community gardens. Visit metrovancover.org for more information.

ACCESSIBILITY
Many of Coquitlam's trails are accessible and user friendly. Accessible trails are hard surface (in Mackin Park and Town Centre Park), and natural surface (in Mundy Park, Como Lake Park and Coquitlam River Park), which all have trails with slopes less than 5%. Trail accessibility may vary.

DOGS ON TRAILS
Pets are members of the family, and Coquitlam has a variety of parks and off-leash areas where you and your dog can enjoy the outdoors together. But remember, your unleashed dog can be prey for predators such as coyotes or black bears, so keep them safe.

Leashed dogs are allowed on all Coquitlam trails. Dogs must not enter the lakes or wetland areas at any time. Always pick up after your dog, respect nature and stay on the trails.

- Parks or Trails with Off-Leash Areas:**
- ❖ Bramble Park – 2775 Panorama Drive.
 - ❖ Glen Park – 1149 Westwood Street.
 - ❖ Miller Park – 900 Oakview Street.
 - ❖ Mundy Park – 641 Hillcrest Street, entrance off Chilko Avenue.
 - ❖ Ridge Park – 1685 Parkway Boulevard.
- Visit coquitlam.ca/dogparks for complete details.

BE SAFE OUTDOORS | TRAIL ETIQUETTE
Share the trails, share the responsibilities. A few things to remember when using the trails:

- ❖ Tell a friend where you are going and when you expect to return.
- ❖ Hiking with others is safer than hiking alone. Go only as far as the slowest person can safely go.
- ❖ Show consideration for other trail users.
- ❖ Respect nature and stay on the trails. The ravines and natural areas contain habitats that are sensitive to the presence of people and dogs.
- ❖ Make yourself familiar with the off-leash dog regulations and clean up after your dog
- ❖ Smoking is not permitted in any Coquitlam park or trail.
- ❖ When bicycling on multi-use paths, be courteous to pedestrians.

URBAN WILDLIFE
Be Bear Aware
Bears and wildlife have been living in Coquitlam long before humans. As our population grows, wildlife habitat and natural food sources diminish. While enjoying our outdoors you may encounter: black bears, bobcats, coyotes, deer, racoons and skunks.

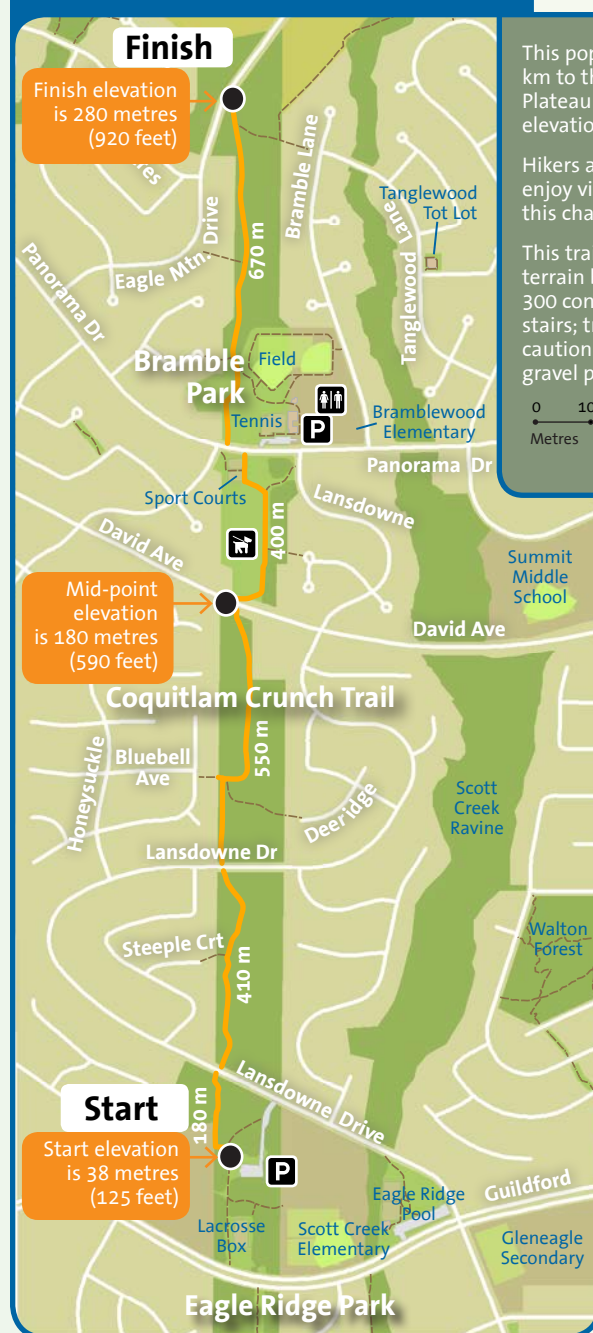
- ❖ Look for posted signs about recent activity.
- ❖ Watch ahead for bears or for their tracks.
- ❖ Make plenty of noise when travelling.
- ❖ Do not feed wildlife.
- ❖ Do not capture or disturb wildlife as they are protected by federal and provincial law.



EXPLORE THE GREAT OUTDOORS
There's no need to travel far to explore the great outdoors. Coquitlam has some great parks.

Find out all you want to know about Coquitlam's parks and trails at coquitlam.ca/parkfinder.

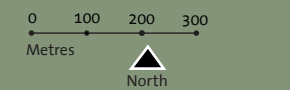
j Coquitlam Crunch Trail



This popular trail extends 2.2 km to the top of Westwood Plateau with an 800 foot elevation gain.

Hikers and fitness walkers enjoy views of the city on this challenging uphill climb.

This trail consists of steep terrain beginning with 300 continuous metres of stairs; trail users should use caution when descending on gravel portions of the trail.



k Westwood Plateau Trails



Ridge Park Trails
Accessed from a number of locations including Parkway Blvd and Hampton Park. A portion of the trail system is dedicated for off-leash dogs. Ridge Park offers a challenging experience for the hiker who enjoys steep terrain in a dense forest setting.

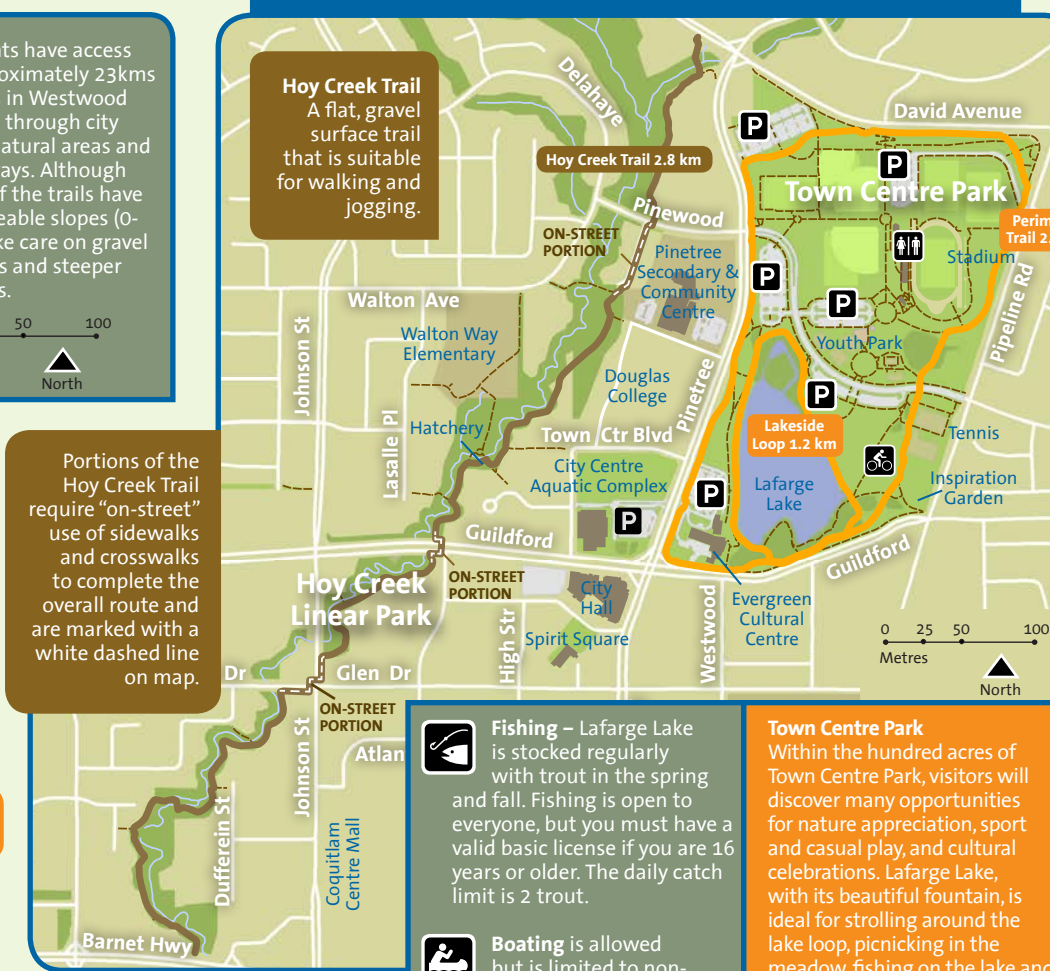
Residents have access to approximately 23kms of trails in Westwood Plateau through city parks, natural areas and greenways. Although many of the trails have manageable slopes (0-8%), take care on gravel surfaces and steeper sections.

Portions of the Hoy Creek Trail require "on-street" use of sidewalks and crosswalks to complete the overall route and are marked with a white dashed line on map.

Connect to Port Moody via David Ave

Connect to Town Centre Park Trails via David Ave

l Town Centre Park & Hoy Creek Trails



Hoy Creek Trail
A flat, gravel surface trail that is suitable for walking and jogging.

Fishing – Lafarge Lake is stocked regularly with trout in the spring and fall. Fishing is open to everyone, but you must have a valid basic license if you are 16 years or older. The daily catch limit is 2 trout.

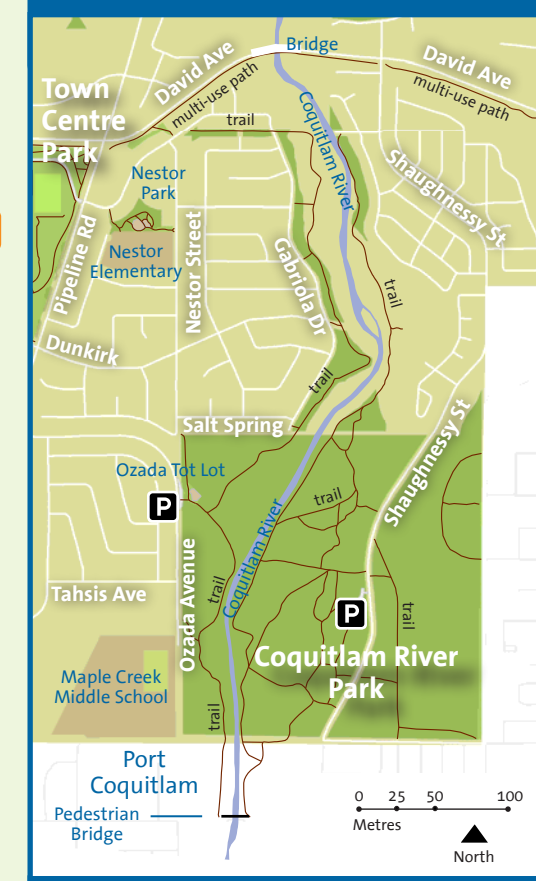
Boating is allowed but is limited to non-combustible engines only.

Town Centre Park
Within the hundred acres of Town Centre Park, visitors will discover many opportunities for nature appreciation, sport and casual play, and cultural celebrations. Lafarge Lake, with its beautiful fountain, is ideal for strolling around the lake loop, picnicking in the meadow, fishing on the lake and enjoying the views of the local mountains.

Other Trails

- j** Coquitlam Crunch Trail See inset
- k** Westwood Plateau Trails See inset
- l** Town Centre Park & Hoy Creek Trail See inset
- m** Coquitlam River Trails See inset
- n** **Walton Park (890m)**
1255 Durant Drive
A dedicated urban forest with nature trails offering visitors a natural outdoor experience.
- o** **DeBoville Slough (4.1km)**
4100 Cedar Drive
A dyke trail to be enjoyed by walkers, joggers and cyclists. The trail guides visitors along wetlands and berry farms, offering beautiful views of the Pitt River and Coastal Mountains.
- p** **Minnehada Regional Park (10km)**
This 175-hectare park has close to 10km of trails, where visitors can spy abundant wildlife. The park is also home to the Minnehada Lodge, an elegant heritage building. Visit metrovancover.org for more information.
- q** **Pinecone Burke Provincial Park**
A 38,000 hectare park with access to excellent hiking trails and canoeing opportunities. Visit env.gov.bc.ca/bcparks for more information.

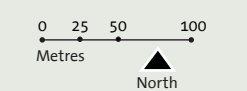
m Coquitlam River Trails



Coquitlam River Trails
A network of forest walking trails extending for 9.8 kms within 165 acres of municipal parkland. This ancient river, a tributary of the Fraser, provides a different experience in each season.

Legend

- Bike Park
- Off-Leash
- Fishing
- Boating
- Parking
- Washrooms



Use of Coquitlam parks and trails is at your own risk. The City of Coquitlam shall not be liable for any injury or damage caused while using the parks and trails. Pet owners are legally responsible for any injury caused by their animal.

Northeast Coquitlam Trails



Colony Farm



Coquitlam Crunch



Minnehada



Mundy Park



Hoy Creek Trail



Ridge Park



Walton Park