

Lap Pool



Spring 2026

Pool Schedule

In Effect May 30 to July 5

Mundy Park Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m. 3 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Lap Swim 9 - 10 a.m. 4 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Lap Swim 9 - 10 a.m. 4 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Public Swim* 11 a.m. - 2 p.m. 3 Lanes
Public Swim* 2:30 - 5:30 p.m. <i>No Lanes</i>	Lap & Leisure 3 - 4 p.m. 4 Lanes	Lap Swim 10 - 11 a.m. 2 Lanes	Lap & Leisure 3 - 4 p.m. 4 Lanes	Lap Swim 10 - 11 a.m. 2 Lanes	Lap & Leisure 3 - 4 p.m. 4 Lanes	Public Swim* 2:30 - 5:30 p.m. <i>No Lanes</i>
Public Swim* 6 - 8:30 p.m. 2 Lanes		Lap & Leisure 11 a.m. - 3 p.m. 4 Lanes		Lap & Leisure 11 a.m. - 3 p.m. 4 Lanes		Public Swim* 6 - 8:30 p.m. 2 Lanes
	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	
WIBIT 2:30 - 8 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	WIBIT 2:30 - 8 p.m.

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Lap Swim Lanes are available for length swimming (8 yrs+)	Public Swim* Pre-registration recommended; limited drop-in spots available	Facility Hours Mon-Fri 9 a.m. - 8:30 p.m. Sat - Sun 11 a.m. - 8:30 p.m.	Statutory Holidays Jul. 1 Holiday Hours 9 a.m. - 8:30 p.m.	Scan for the most up-to-date schedule Updated 05/06/2026
---	--	--	---	--





Pool Schedule

In Effect May 30 to July 5

Mundy Park Pool


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Leisure Swim 9 - 10 a.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Leisure Swim 9 - 10 a.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Public Swim* 11 a.m. - 2 p.m.
Public Swim* 2:30 - 5:30 p.m.	Leisure Swim 10 - 11 a.m.	Leisure & Lap 10 - 3:30 p.m. 1 Lane	Leisure Swim 10 - 11 a.m.	Leisure & Lap 10 - 3:30 p.m. 1 Lane	Leisure Swim 10 - 11 a.m.	Public Swim* 2:30 - 5:30 p.m.
Public Swim* 6 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure Swim 3:30 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure Swim 3:30 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Public Swim* 6 - 8:30 p.m.
<i>Limited Space</i> 11 a.m. - 2 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 11 a.m. - 2 p.m.

Aquafit Classes

	Shallow Water Aquafit 9 - 10 a.m. Lap Pool	Low Impact Aquafit 9 - 10 a.m. Leisure Pool	Shallow & Deep Water Aquafit 9 - 10 a.m. Lap Pool	Low Impact Aquafit 9 - 10 a.m. Leisure Pool	Shallow Water Aquafit 9 - 10 a.m. Lap Pool	
	Gentle Aquafit 10 - 11 a.m. Leisure Pool	Shallow Water Aquafit 10 - 11 a.m. Lap Pool	Gentle Aquafit 10 - 11 a.m. Leisure Pool	Shallow Water Aquafit 10 - 11 a.m. Lap Pool	Gentle Aquafit 10 - 11 a.m. Leisure Pool	
		Deep Water Aquafit 7 - 8 p.m. Lap Pool		Deep Water Aquafit 7 - 8 p.m. Lap Pool		

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Public Swim* Pre-registration recommended; limited drop-in spots available	Before or After Swim Practice Swim for half price 30 minutes before or after lessons to practice your skills.	Aquafit Descriptions Shallow Water Aquafit Moderate cardio to improve muscle tone and balance. Deep Water Aquafit High-intensity workout for limited mobility or injury recovery.	Gentle Aquafit Light movement for limited mobility or injury recovery.	Scan for the most up-to-date schedule  Updated 05/06/2026
--	---	--	--	--