

Lap Pool



Spring 2026

Pool Schedule

In Effect May 30 to July 5

Mundy Park Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m. 3 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Lap Swim 9 - 10 a.m. 4 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Lap Swim 9 - 10 a.m. 4 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Public Swim* 11 a.m. - 2 p.m. 3 Lanes
Public Swim* 2:30 - 5:30 p.m. <i>No Lanes</i>	Lap & Leisure 3 - 4 p.m. 4 Lanes	Lap Swim 10 - 11 a.m. 2 Lanes	Lap & Leisure 3 - 4 p.m. 4 Lanes	Lap Swim 10 - 11 a.m. 2 Lanes	Lap & Leisure 3 - 4 p.m. 4 Lanes	Public Swim* 2:30 - 5:30 p.m. <i>No Lanes</i>
Public Swim* 6 - 8:30 p.m. 2 Lanes		Lap & Leisure 11 a.m. - 3 p.m. 4 Lanes		Lap & Leisure 11 a.m. - 3 p.m. 4 Lanes		Public Swim* 6 - 8:30 p.m. 2 Lanes
	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	
WIBIT 2:30 - 8 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	Limited Space School Groups 11 a.m. - 3 p.m.	WIBIT 2:30 - 8 p.m.

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Lap Swim Lanes are available for length swimming (8 yrs+)	Public Swim* Pre-registration recommended; limited drop-in spots available	Facility Hours Mon-Fri 9 a.m. - 8:30 p.m. Sat - Sun 11 a.m. - 8:30 p.m.	Statutory Holidays Jul. 1 Holiday Hours 9 a.m. - 8:30 p.m.	Scan for the most up-to-date schedule Updated 05/06/2026
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Pool Schedule

In Effect May 30 to July 5

Mundy Park Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Leisure Swim 9 - 10 a.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Leisure Swim 9 - 10 a.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Public Swim* 11 a.m. - 2 p.m.
Public Swim* 2:30 - 5:30 p.m.	Leisure Swim 10 - 11 a.m.	Leisure & Lap 10 - 3:30 p.m. 1 Lane	Leisure Swim 10 - 11 a.m.	Leisure & Lap 10 - 3:30 p.m. 1 Lane	Leisure Swim 10 - 11 a.m.	Public Swim* 2:30 - 5:30 p.m.
Public Swim* 6 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure Swim 3:30 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure Swim 3:30 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Public Swim* 6 - 8:30 p.m.
<i>Limited Space</i> 11 a.m. - 2 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 3:30 - 8:30 p.m.	<i>Limited Space</i> 11 a.m. - 2 p.m.

Aquafit Classes

	Shallow Water Aquafit 9 - 10 a.m. Lap Pool	Low Impact Aquafit 9 - 10 a.m. Leisure Pool	Shallow & Deep Water Aquafit 9 - 10 a.m. Lap Pool	Low Impact Aquafit 9 - 10 a.m. Leisure Pool	Shallow Water Aquafit 9 - 10 a.m. Lap Pool	
	Gentle Aquafit 10 - 11 a.m. Leisure Pool	Shallow Water Aquafit 10 - 11 a.m. Lap Pool	Gentle Aquafit 10 - 11 a.m. Leisure Pool	Shallow Water Aquafit 10 - 11 a.m. Lap Pool	Gentle Aquafit 10 - 11 a.m. Leisure Pool	
		Deep Water Aquafit 7 - 8 p.m. Lap Pool		Deep Water Aquafit 7 - 8 p.m. Lap Pool		

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Public Swim* Pre-registration recommended; limited drop-in spots available	Aquafit Descriptions Shallow Water Aquafit Moderate cardio to improve muscle tone and balance. Deep Water Aquafit High-intensity workout for limited mobility or injury recovery.	Gentle Aquafit Light movement for limited mobility or injury recovery.		Scan for the most up-to-date schedule  Updated 05/06/2026
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